



# Be Safe on Your ATV



**Ride smart every time!**

## Wear goggles

They protect your eyes.

**They should:**

- ▶ not be scratched
- ▶ fit right
- ▶ have vents.

## Wear gloves

They protect your hands from getting tired, cold, and sore.

**They should:**

- ▶ have padded knuckles.

## Wear boots

They protect your feet and keep your feet on the foot rests.

**They should:**

- ▶ come up over your ankles.



## Wear a helmet

It protects your head.

**It must be:**

- ▶ worn on every ride
- ▶ a Department of Transportation-approved helmet.

## Wear long sleeves

They protect your arms from getting cuts and scratches.

## Wear long pants

They protect your legs from cuts, sunburn, windburn, and getting cold.

**They can be:**

- ▶ denim or riding pants.

**The American Academy of Pediatrics recommends that no one under age 16 ride ATVs or other motorized vehicles. Manufacturers warn that full-sized ATVs are not designed for children under age 16.**

If you choose to ride, remember that all ATV riders should:

- ☑ Always wear your helmet, goggles, long sleeves, long pants, over-the-ankle boots, and gloves.
- ☑ Attend an ATV driver's safety course.
- ☑ Never drink alcohol or do drugs when riding an ATV.
- ☑ Ride an ATV that is right for your size.
- ☑ Never carry a passenger on a single-rider ATV.
- ☑ ATVs are not for road driving. If you must cross a road, be sure it is safe and allowed by law.
- ☑ Ride at a safe speed and only on trails marked for ATV use.